

CHOUX PASTRY



	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
WEEK 1		MAKE CHOCOLATE SAUCE <ul style="list-style-type: none"> • 150 g heavy cream • 50 g milk • 50 g sugar • 100 g chocolate (65%) 	MAKE CHOUX PASTRY <ul style="list-style-type: none"> • 125 g water • 50 g butter • 1 teaspoon sugar • 1/3 teaspoon salt • 75 g flour • 100-125 g eggs (2-3) 	MAKE CHANTILLY & ASSEMBLE PROFITEROLES <ul style="list-style-type: none"> ★ chocolate sauce ★ choux pastry • 200 ml heavy cream (35%) • 30 g icindeg sugar • 1 teaspoon vanilla 			
WEEK 2	MAKE CRAQUELIN <ul style="list-style-type: none"> • 40 g butter • 50 g brown sugar • 50 g flour • pinch of salt 	MAKE ALMOND & HAZELNUT PASTE (PRALINE) <ul style="list-style-type: none"> • 100 g almonds • 100 g hazelnuts • 130 g sugar 		MAKE PRALINE CREAM <ul style="list-style-type: none"> • 1 gelatin leaf (2 g) • 155 g milk • 15 g cornstarch • 30 g sugar • 2 egg yolks ★ 80 g praline • 70 g butter 	MAKE CHOUX PASTRY & ASSEMBLE PARIS-BREST <ul style="list-style-type: none"> ★ choux pastry ★ craquelin ★ praline cream ★ 130 g praline • icing sugar 		
WEEK 3	MAKE POURED FONDANT <ul style="list-style-type: none"> • 250 g sugar • 75 g water 		MAKE CHOCOLATE PASTRY CREAM <ul style="list-style-type: none"> • 120 g milk • 40 g cream • 2 egg yolks • 35 g sugar • 6 g flour • 6 g cocoa powder • 18 g butter • 40 g chocolate (65%) 	MAKE CHOUX PASTRY & ASSEMBLE RELIGIEUSE <ul style="list-style-type: none"> ★ choux pastry ★ chocolate pastry cream ★ 85 g fondant • 6 g cocoa powder • 50 g sweetened whipped cream 			
WEEK 4		MAKE CHOCOLATE CRAQUELIN <ul style="list-style-type: none"> • 30 g butter • 38 g brown sugar • 30 g flour • 7 g cocoa powder • pinch of salt 		MAKE PASTRY CREAM <ul style="list-style-type: none"> • 240 g milk • 80 g cream • 4 egg yolks • 70 g sugar • 12 g flour • 12 g cornstarch • 40 g butter • 1 teaspoon vanilla 	MAKE CHOUX PASTRY & ASSEMBLE ECLAIRS <ul style="list-style-type: none"> ★ choux pastry ★ chocolate craquelin ★ pastry cream • 190 g heavy cream • 100 g chocolate (53%) • 140 g cream • 40 g icing sugar 		

The quantities are subject to change.