

CREME ANGLAISE



	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
WEEK 1	<p>MAKE CHOCOLATE GANACHE</p> <ul style="list-style-type: none"> • 25 g chocolate (65%) • 35 g heavy cream • 10 g icing sugar 		<p>MAKE CREME ANGLAISE</p> <ul style="list-style-type: none"> • 60 g heavy cream • 60 g whole milk • 2 large egg yolks • 30 g sugar • 1/2 tsp vanilla 		<p>MAKE CHOCOLATE LAVA CAKE</p> <ul style="list-style-type: none"> • 55 g chocolate (65%) • 10 g chocolate (31%) • 40 g butter • 35 g sugar • 1 large egg • 1/4 tsp vanilla • 20 g flour 		
WEEK 2		<p>MAKE CHOCOLATE MOUSSE</p> <ul style="list-style-type: none"> • 70 g milk • 70 g heavy cream • 2 large egg yolks • 30 g sugar • 100 g chocolate (65%) • 60 g chocolate (43%) • 200 g heavy cream 		<p>MAKE CREME BRULEE</p> <ul style="list-style-type: none"> • 110 g heavy cream • 40 g milk • 1 vanilla bean (or 1 1/2 tsp) • 2 large egg yolks • 15 g sugar 			
WEEK 3	<p>MAKE CHOCOLATE CRAQUELIN</p> <ul style="list-style-type: none"> • 20 g butter • 25 g brown sugar • 20 g flour • 5 g cocoa powder • pinch of salt 		<p>MAKE CHOCOLATE CREMEUX</p> <ul style="list-style-type: none"> • 105 g milk • 105 g heavy cream • 2 large egg yolks • 30 g sugar • 130 g chocolate (65%) 		<p>MAKE CHOCOLATE CHOUX PASTRY</p> <ul style="list-style-type: none"> • 125 g water • 50 g butter • 1 tsp sugar • 1/3 tsp salt • 65 g flour • 10 g cocoa powder • 2-3 large eggs 		
WEEK 4	<p>MAKE SYRUP</p> <ul style="list-style-type: none"> • 30 g sugar • 25 g water 		<p>MAKE LADYFINGERS & SPONGE CAKES</p> <ul style="list-style-type: none"> • 3 large eggs • 75 g sugar • 75 g flour • icing sugar 	<p>MAKE BAVARIAN CREAM & ASSEMBLE CAKE</p> <ul style="list-style-type: none"> • 85 g frozen strawberries • 60 g sugar • 85 g milk • 2 large egg yolks • 2 1/3 gelatin sheets • 1 tsp vanilla • 165 g heavy cream • 150 g fresh strawberries 	<p>DECORATE CHARLOTTE CAKE</p> <ul style="list-style-type: none"> • fresh strawberries (or fruit of your choice) 		

The quantities are subject to change.